

# Why energetic evaluation is more art than science

by **Stephen Lewis**

When we go to a physician and take a blood test, the test counts the number of RBCs in a sample of blood. Another test counts the amount of protein or sugar in a sample of urine. The blood, the urine, and the machine (if it's calibrated properly) are pure. They require an operator, but no art and little artifact. It's not dissimilar to counting how many inches tall you are (if your tape measure is calibrated properly).

Sadly, not all of life is that transparent. Some, if not most, of life is shrouded in the subtle mystery of consciousness. Let's try, for a moment, to understand the nature of that mystery.

We must begin with this premise: all knowledge about you comes from within you, and, furthermore, there is nothing about you that you don't know. These are energetic absolutes.

Sadly, again, much of what we know about ourselves we don't know that we know. Our consciousness is too low for us to perceive these things and speak about them, let alone focus on them and act on them. Conversely and consequently, these things (imbalances) are free to act upon us with impunity. It's just this that compels us to turn to "healers," not to be healed by them, but to have them sufficiently elevate our consciousness so that we may perceive and focus on our imbalances... so that we may heal ourselves.

Let me get (a little closer) to the point. I know a man who has designed energetic measuring systems. He's both intelligent and gifted. His goal is to design a system that transcends and obviates the need for an operator or tester—"just set it and forget it."

It's a lofty and ambitious goal. Yet, it

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violates our most fundamental energetic principle: we are seeking and "measuring" frequencies that exist in consciousness. We are not just simply counting.

All energetic evaluators know that they and their consciousness are inseparable from the work they do with patients, or clients, or ... congregant, in the case of EMC<sup>2</sup>. They are part of the equation. While it's true that the practitioner's consciousness includes his or her knowledge and experience, it also includes his or her instinct and interaction with the consciousness of the persons being evaluated or, being "helped to heal themselves." It's just this inclusion that allows room for "evaluator error" because it admits the possibility of preconception and presupposition. At

the same time, it creates those possibilities of quantum leaps of insight and intuition that transcend experience and provide the momentary flashes of illumination that allow us to look into the void. These are lights we must always follow.

Let me share a personal, factual story with you to illustrate.

The story occurred in New York City, back in the days when I was doing mini-evaluations, only for those who were not receiving Energetic Balancing. The individual wanted an evaluation, so he lied. In so doing, he programmed me and my consciousness (if I had suspected him, I could have tested and found he was on The AIM Program). I found the frequency of his initial life force, and he was devastated and irate. There was no point in explaining to him that my consciousness had accepted the misinformation he'd given me, or that I could have disproved it had I bothered to look. Perhaps I'm too used to gratuitously accepting that you are not a muskrat and your dog is, indeed, a dog. I just don't have the time to

verify everything.

In summary, although my consciousness will make suppositions, I'm rarely fooled by anything other than purposeful deception. In other words, if I'm looking to see if the frequency of heart disease is present, or what cancer frequencies are revealed, there's little room or cause for error, simply because I bring no preconceptions to that evaluation.

Some, at EMC<sup>2</sup> (and elsewhere) have suggested I stop doing Energetic Evaluations because of the risk of being misled. I disagree. I see no shame in admitting my capacity for imperfection. I must live with my frailties, just as I must never stop trying to overcome them. I see it as my destiny. We are here to help, not to be infallible. No one deals with anyone who is infallible. If you reject that help or if you don't believe in its possibility, we respect your choice. If you change your mind, we respect that also.

I've saved the best for last. You can never really deceive yourself ... which is nice.

*(Stephen Lewis is co-founder of EMC<sup>2</sup>. Lewis is the developer of The AIM Program of Energetic Balancing, a spiritual technology that has allowed nearly 50,000 people worldwide to heal themselves. Lewis has earned degrees in homeopathy and acupuncture, both forms of energetic healing. To learn more visit [stephenlewis.org](http://stephenlewis.org) or [aimprogram.com](http://aimprogram.com).)* ■

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