

# Healing and healers—then and now

by **Stephen Lewis**

Everything's changed! Have you noticed? I hope so, because if you're reading this article chances are you volunteered to be part of that change—remember?

Maybe I'd better explain myself. When most of us were growing up, our lives were best left in the hands of the "experts." We were advised to step aside and

let them take over. If something about us didn't work, the solution was to go to someone who "fixed" that particular thing. Someone who would "repair" you. If, unfortunately you had something wrong that someone couldn't fix, you were in deep trouble. For most of us, the idea of healing pertained to a cut finger or a broken arm.

Of course there were always those who

frequented "healers," but they were usually perceived as either benign but dotty (like your sweet, crazy aunt) or as religious fanatics.

That was then and this is now. You've probably observed that people are thinking more and more in terms of their own empowerment and their own responsibility... for their own lives. In other words, they're thinking in terms of healing themselves, *and* they're seeking those who can help them in that process. They're seeking healers.

Is that a contradiction? Not at all. It's

I'd like to make an observation. Innate intelligence often has a low attention span and needs guidance and reminders. That guidance and that reminding is "healing," be it through a chiropractic adjustment, acupuncture, applied kinesiology, or the physical reminder of a homeopathic tincture.

My personal work with quantum mechanics has led me to explore the process of "jostling consciousness" for the purpose of helping people maintain a constant focus on dealing with whatever about them needs to be changed to ad-

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my belief healers don't actually heal people but rather, guide them in the process of their self-healing. They help you raise your consciousness, and healing is the process of exchanging the manifestation of a lower for a higher form of consciousness.

I believe we're in a new paradigm, one in which patients are seeking help and guidance in their personal journey of healing themselves. Those who provide that guidance—physical, emotional, or spiritual—are healers. Again, healers help people heal themselves.

If we look at the current environment, it becomes obvious that never in our history has there been a greater need for people to address and evaluate their own energy systems. Furthermore, many health care practitioners are perfectly positioned to assist people in that evaluation.

The chiropractic profession frequently speaks of the body's "innate intelligence."

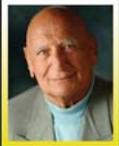
vance their well-being. This is a holographic technology, which I have called The AIM Program. (*You may read about it either in my book, "Sanctuary: The Path to Consciousness," or on the website [www.aimprogram.com](http://www.aimprogram.com)*)

I offer this information to you simply because I think in your function as healers you, too, will need help; help in giving help to those who seek your expertise. The AIM Program is free of charge to any child or adult with the frequency of Autism or the frequency of Down Syndrome. I believe when we help one another, we actually help ourselves. I personally have found that any tools and any technology that implements my work as a healer is gratefully accepted both by me and those whom I have been fortunate enough to help.

(*Stephen Lewis is the founder of EMC<sup>2</sup> along with Roberta Hladek and Evan Slawson. Lewis is the developer of The AIM Program of Energetic Balancing, a spiritual technology that has allowed more than 45,000 people worldwide to heal themselves using their hologram. Lewis has earned degrees in homeopathy and acupuncture, both forms of energetic healing. Neither EMC<sup>2</sup> nor AIM diagnose, treat, cure or prevent disease. The AIM Program is a TOOL that participants can use to self heal. Energetic imbalances exist first in consciousness. It is the belief of EMC<sup>2</sup> that if energetic imbalances are removed from consciousness, they can neither manifest nor be sustained in the physical body. To learn more, visit [stephenlewis.org](http://stephenlewis.org) or [aimprogram.com](http://aimprogram.com).)* ■

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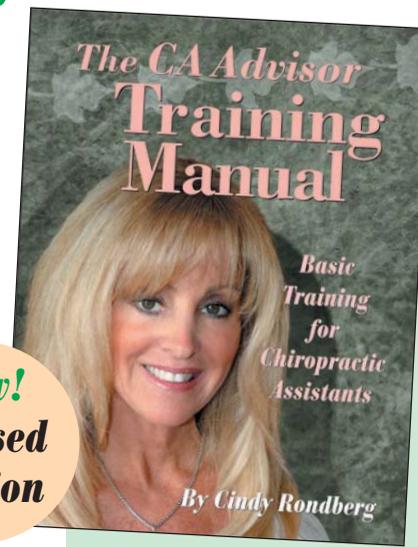
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